

Intake Assessment Information- Adult Form

(Please print all information)

I. ADULT CLIENT

TODAY'S DATE: _____

A. NAME: _____ BIRTHDATE: _____

ADDRESS: _____
City State Zip

B. What are the concerns for which you are seeking assistance?

II. FAMILY INFORMATION

A. YOUR MARITAL STATUS:

Single Married Divorced Separated Cohabiting Widowed

B. RACE/CULTURAL INFORMATION

1. Race: _____

2. Cultural Considerations: _____

C. FAMILY HISTORY OF MENTAL HEALTH OR SUBSTANCE ABUSE PROBLEMS:

NO YES Explain: _____

D. YOUR PARENTS ARE: Married Divorced Separated Never Married

Your parents are: Birth Parents Step Parents Adoptive Parents

Father's Name: _____ Age: _____ If Deceased, Date: _____

Occupation: _____ Highest Grade Level: _____

Mother's Name _____ Age: _____ If Deceased, Date: _____

Occupation: _____ Highest Grade Level: _____

E. YOUR ANNUAL FAMILY INCOME: Under \$30,000 \$31,000- \$60,000 \$61,000- \$90,000

\$91,000-\$120,000 \$121,000-\$151,000 Over \$151,000

F. LANGUAGE SPOKEN: _____

G. CURRENT FAMILY SIZE: _____

H. YOUR BROTHERS AND SISTERS:

NAME	AGE	OCCUPATION	EDUCATION	IF DECEASED, DATE & CAUSE	BIOLOGICAL, ADOPTED OR STEP

I. YOUR CHILDREN

NAME	AGE	SEX	OCCUPATION OR GRADE	LIVING WITH CLIENT?	BIOLOGICAL, ADOPTED OR STEP

J. OTHER HOUSEHOLD MEMBERS

NAME	AGE	SEX	OCCUPATION OR GRADE	RELATIONSHIP TO CLIENT

K. RELATIONSHIPS

1. Who do you live with currently? _____
2. Who did you grow up with? _____
3. Describe your relationship with:
Parents: _____
Siblings: _____
Extended Family Members: _____
Husband/Wife/Significant Other: _____
Your Children: _____
4. List any family members you wish to have involved in treatment and why: _____

III. PHYSICAL DESCRIPTION

A. Height _____ Weight _____ Recent Gains or Losses _____

B. Other distinguishing features: _____

C. Do you have any physical impairments or disabilities? If so, explain: _____

D. Are physical characteristics or body image a concern? Explain: _____

IV. EDUCATION

A. Graduated from High School (year): _____ or GED? (year) _____

B. Did not complete school, If yes, last school attended: _____ Grade completed: _____

C. Currently enrolled, if yes, last grade completed: _____ Current grade: _____

D. Post high school education. Explain: _____

E. Years in special education: _____ Special Education certification: _____

F. Is or was school performance a concern for you? Explain: _____

V. EMPLOYMENT

A. Are you currently employed? Yes No If yes, Full time Part time Seasonal

B. Name of employer? _____

C. Position: _____

D. List the types of jobs you have held over the past five years: _____

E. Are you satisfied with your employment/career : _____

VI. SPIRITUAL INFORMATION

A. Is spirituality an area of support or strength for you? Yes No
RELIGION: Catholic Jewish Islamic Protestant Other: _____

B. Is this an area of concern? NO Yes Explain: _____

VII. SEXUAL FUNCTIONING

Is this an area of concern? No Yes Explain: _____

VIII. COMMUNITY SERVICES RECEIVED CURRENTLY OR PREVIOUSLY

A. MENTAL HEALTH COUNSELING/SUBSTANCE ABUSE TREATMENT

1. Previous counseling: Where: _____ When: _____
Where: _____ When: _____
Where: _____ When: _____
2. Was counseling helpful to you in the past? _____

B. SUPPORT GROUPS

1. List any support groups you attended in the past or presently: _____
2. Was support group attendance helpful? _____

IX. SUBSTANCE USE

- A. Do you use illegal or unperceived drugs including alcohol? No Yes If yes, explain which drugs, amount and frequency: _____
- B. Do you misuse prescription drugs? No Yes If yes, explain which drugs and how they are misused:

- C. Do you drink alcohol? No Yes If yes, how often per week? _____
Amount: _____
- D. Is drug or alcohol use an area of concern: No Yes If yes, explain: _____

- E. Has anyone ever expressed concern with your use of alcohol or other drugs? _____

- F. Have you ever been to an Alcoholics Anonymous or Narcotics Anonymous meeting? No Yes
- G. Have you ever had a legal charge related to alcohol or other drug use? No Yes If yes, explain:

- H. Do you smoke cigarettes now? In the past? No Yes If yes, explain time period, amount and frequency:

X. SOCIAL LIFE

- A. Describe your family's strengths: _____

B. Describe your support system (i.e. family, friends): _____

C. Describe your recreational interests: _____

D. Describe any relationship problems with friends/coworkers: _____

XI. HEALTH HISTORY

A. PRIMARY PHYSICIAN: _____

1. Primary Physician's Address: _____

2. Primary Physician's Phone: _____

B. MEDICATIONS: List all current prescriptions, regularly taken- over the counter meds and supplements:

C. Concerns about medications including drug allergies? [] No [] Yes Explain: _____

D. HEALTH PROBLEMS (Check applicable columns) :

Problems	Never	Past	Present	Family History
Allergies				
Anorexia				
Asthma				
Broken Bones				
Communicable Diseases				
Diabetes				
Fainting/Dizzy				
Hearing Problems				
Heart Disease				
High/Low Blood Pressure				
High/Low Blood Sugar				

Liver Disease, Jaundice				
Major Injuries				
OB/GYN Problems				
Obesity				
Seizures/Epilepsy				
Stomach or Intestinal Problems				
Thyroid Problems				
Ulcer				
Vision Problems				

Comments: _____

E. NUTRITION

Generally good? Yes No Special diet? _____

XII. ABUSE HISTORY

Have you experienced physical, sexual or emotional abuse? No Yes If yes, explain: _____

XIII. LEGAL HISTORY

A. Do you have any history of legal charges? No Yes If yes, explain: _____

B. Are you currently on probation or parole? No Yes If yes, explain: _____

C. Is treatment court ordered? _____

XIV. DESCRIBE ANY OTHER RELEVANT CONCERNS:

Signature of Person Completing Form

Date

Relationship to Client